



SENIOR CENTER NEWS

VOLUME 19 - NOVEMBER 2025



Our Daily Schedule

9:00am-10:00am

Coffee & Morning Snack

10:00am-11:00pm

Morning Exercise

10:00am-11:15am

Cards & Games

11:30am-12:30pm

Lunch

12:30pm-2:00pm

Bingo

12:30pm-4:00pm

Games & Cards

4:00pm

Close



2nd Annual Health Expo

Last month, we hosted our 2nd Annual Senior Health Expo. Thank you to all the experts and businesses who attended and shared their knowledge with our Seniors!

We have so many special thanks to share! Ta-Dah, Hobby Horse Ice Cream, The Shoppes at Asbury, and Bowfish Kids sponsored our Mahjong Tournament. ACME hosted an Immunization Clinic. Tammy DeFranco led our Art Class. Autumn Lakes sponsored our Halloween Party, and Right at Home created a spooky photo booth. Thank you all!

Special Thanks to October's Big Bingo Sponsors!

The Shores - Brandall Estates - Holisticare - Alpha Home Care

How to Avoid Scams & Fraud

Thursday, November 6th

1:00pm

Join our friends from the Cape May County Prosecutors Office for this workshop on how to avoid scams and fraud that target Seniors.



Mahjong Tournament

Tuesday, November 11th

2:00pm

Join us for an exciting day of strategy, luck, and friendly competition at our upcoming Mahjong Tournament!



Friendsgiving

Thursday, November 20th

11:00am-1:00pm

Join us for a celebration of gratitude and friendship! Our kitchen will serve a delicious feast and we'll enjoy some festive games



Connect with us!

To sign up for any of our lunches or activities, or to get more information, reach out to our team!



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